

Addiction, a Trigger Factor in Gender-based Violence

Addiction services have a major role to play in reducing violence against women



International Day for the Elimination of Violence against Women - 25 November

Dianova International – Press release

Violence between intimate partners or ex-partners on the increase. Surges in online bullying and harassment incidents. Around the world, the [pandemic of violence](#) against women and girls is on the rise, exacerbated by lockdown policies implemented by many countries.

COVID-19, a threat to gender equality

243 million women and girls aged 15-49 are victims of physical or sexual violence by a relative every year. As lockdown measures continue, this figure is likely to increase.

According to a [UN report](#), the COVID-19 crisis threatens to push back the limited gains made on gender equality. The crisis aggravates the feminization of poverty and women's vulnerability to violence.

Women who use drugs are those [primarily affected](#). These women ordinarily experience more violence than the others. And pandemic-related stress and isolation factors can only worsen [their situation](#).

When they suffer from addiction, they also experience more difficulty than men in accessing adequate care. Not only due to their being stigmatized, but also because only few programmes are tailored to their needs.

Addressing substance abuse also means addressing violence

Violence and substance abuse form a complex relationship that require comprehensive care. Efficient interventions can only be carried out in programmes which design and implementation are grounded in a gender perspective, thus allowing women to effectively address the issue of violence as a trigger or aggravating factor in their addiction.

"Existing structures and programmes are not gender-neutral. Most of them are designed from an androcentric perspective, i.e. oriented towards the needs of men. In these services women have no means to improve their health and well-being. This is contrary to the principle of social justice," says Montse Rafel, director of Dianova.

Dianova calls on the authorities to address the specific vulnerabilities and needs of women who use drugs. Mainstreaming a gender perspective in treatment programmes makes it possible to directly address gender-based violence in a safe environment.

Lastly, it is essential to recognise that gender-sensitive addiction services play a key role in the elimination of violence against women.

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The Covid pandemic aggravates gender violence and addictions, creating a situation of vulnerability that primarily affects women